



Boys & Girls Club
of London

A good place to be

184 Horton Street London, ON N6B 1K8 (519) 434-9114
www.bgclondon.ca



PROGRAMS 2010 / 2011

September to June

Membership Information

Membership forms, schedules and brochures can be printed from our website at www.bgclondon.ca

Annual Membership	\$ 25.00 to \$200.00	Based on Combined Family Income (Ages 7 -18)
Activity Pass	\$ 45.00	Valid for Drop In Programs Friday, Saturday and Sunday ONLY
Family Membership	\$ 200.00	Two adults plus children under 18 years in one household
Visitors	\$ 3.00	Per visit All ages including parents *

* Visitor's Fee waived for support staff accompanying children in need of additional assistance.

Membership Payment Plans available, please call (519) 434-9114 for more information.

Evening Adventure Drop-In Programs - 4:00 p.m. - 8:00 p.m.

Monday to Friday - Ages 7 - 16. Starts September 7, 2010

Activities include: Computer Room, Gym Programs, Crafts, Games Room, Ball, Foam Room, Theme days, "Tween Age" events, clubs and special events.

Afternoon Adventure Drop-In Programs - 1:00 p.m. - 4:00 p.m.

Saturday and Sunday, P.D. Days and some Holidays : All Ages* - Families Welcome. Starts September 18, 2010

Additional programs for children under 6 yrs of age.

*Children under 7 must be directly supervised by a parent or guardian aged 16 or older at all times

Swimming Times

Aquaplex Pool Wednesday & Friday: 4:00 p.m.- 7:00 p.m.

Swim Safety Basics for Children

Lane Swim for Members / Parents

H2O Skills Program- Wednesday and Fridays 6:00 p.m. - 7:00 p.m. See Swim Lessons Flyer for details

Wellness Pool Monday to Friday: 4:00 p.m.- 7:30 p.m.- Drop-in Swim

Saturday & Sunday Afternoon Adventure 1:00 p.m. - 3:45 p.m.

Rules For Drop-In Recreation Programs and All Aquatic Programs

Children 6 years of age or younger must be directly supervised within arms reach in the water by a parent or guardian aged 16 or older at all times (maximum 2 children per adult).

Children 7-10 years of age who are non-swimmers must be accompanied by a parent or guardian who is at least 16 years of age and responsible for their direct supervision OR wear a lifejacket.

Supper Club - Monday to Friday 4:15 p.m. - 6:45 p.m. Hot, nutritious meals served for \$2.00

Bussing - Starts September 27th, 2010 and ends June 10th, 2011. Pick up a schedule at the front desk or visit our website.

VOLUNTEERS ALWAYS NEEDED! - Volunteers 14 years and up are needed. Please call our Volunteer Coordinator at (519) 434-9115 Ext. 226 for details or visit our website.



The Zone - For Ages 13 - 18

Hours of Operation: Monday - Friday 4:00 p.m. - 8:00 p.m.* Open later for Special Events

Phone (519) 434 -9115 Ext. 244

A Teen Only special lounge with computers and access to internet, games, music, and other activities. Teens have access to gym, pool and weight room programs. Teen only events - Leadership activities, out trips, clubs, dances and occasional overnights. Pick up the monthly Zone calendar or visit our website.

Children's Dances

Members \$2 Non Members \$4

Ages 7 - 13 from 5:00 - 7:45 p.m.

Halloween Dance - October 29th, Holiday Dance - December 2nd, Winter Fun Dance- January 12th, Valentine's Day Dance - February 14th, Spring Fling Dance - May 4th, School's Almost Out Dance - June 10th

Red Cross Programs

Swim Lessons: Member \$40 Non members \$45 *For more information, see Swim Lessons Flyer *

Babysitting Course: Cost \$35 + \$15 for the Manual 8:00 a.m. - 4:00 p.m.

Offered on P.D. Days

Bounce & Munch

Saturdays 10:00 am - 1:00 pm Starts September 18, 2010 Cost \$3.00 **Pre-registration is required.**

This program teaches youth ages 7 - 16, a healthy lifestyle through physical activity and good nutrition choices. Children will be introduced to a variety of interesting activities including soccer, Tai Chi and rock climbing, then prepare a nutritious meal for lunch.

M.A.P. PROGRAM

M.A.P. (My Action Plan) to Education is an educational based program that helps students in grades 4 to 12 through mentoring and tutoring.

For more information, call Christopher Hood at (519) 434-9115 Ext. 235

DAY CAMPS / P.D. DAYS Ages 5 - 13 8:00 a.m. - 5:00 p.m.

Extended hours for an additional fee (7:30 - 8:00 a.m. \$3.00 ; 5:00 - 5:30 p.m. \$3.00)

All camps include supervised activities, out trips, swimming, lunch and two snacks daily.

P.D. DAYS

November 12, 2010

January 14, April 8, April 25, June 3, June 30, 2011

Members Cost \$35 per day

Non members \$40 per day

MARCH BREAK CAMP

March 14 - 18, 2011

Members \$140

Non-members \$150

WINTER CAMP

December 20, 21, 22, 23, 24, 29, 30 & 31, 2010

Members \$35 per day

Non members \$40 per day

SUMMER DAY CAMP

July 4 - September 2, 2011

Registration starts February 1st, 2011

Choose from 11 different camps (See flyer)

Campers with special needs are welcome here! Please contact the inclusion coordinator at (519) 434-9115 Ext 242



REGISTRATION OFFICE HOURS

8:00 a.m. - 6:00 p.m.

We accept VISA, MasterCard, Debit, Cash and Cheques