

Social Programs 2010

The programs we offer are free of charge; each group gives the opportunity to enhance skills in every day life.

Contact the Social Program Coordinator for more information. 519-434-9115 ext. 236.

K.I.D.S. "Kids in Difficult Situations"

Mondays 5-6 p.m. and Wednesdays 6-7 pm **Ages 8-12**



This group focuses on socializing and meeting other kids to learn how to deal with situations in a better way. Through activities such as, fun with food, guest speakers, movie nights and group discussions, help deal with life stressors. Children will learn various social skills. This group runs for 15 weeks beginning February 1, 2010 to May 17, 2010. The Wednesday groups begins February 3, 2010 ends on May 19, 2010

Super Skills

Tuesdays 6-7 p.m. **Ages 7-11**

The program's focus is to help varying ages learn appropriate social skills and positive coping mechanisms. Topics discussed include friendship, empathy, anger management and problem solving. Participants will have fun while learning valuable life skills through activities. This group runs for 15 weeks beginning February 2, 2010 to May 18, 2010.

Guys Group

Wednesdays 5-6 p.m. **Ages 8-12**

This group provides a comfortable atmosphere to voice concerns or issues. Some topics that will be discussed are bullying, peer pressure, hygiene, and individuality. Educating and engaging through fun activities such as movie nights, and group gatherings. This group runs for 15 weeks beginning February 3, 2010 to May 19, 2010.

Girls Group

Thursdays 6-7 p.m. **Ages 8-12**



This group provides a safe place to talk about concerns or issues in an accepting and receptive atmosphere. Popular topics discussed are friendship, peer pressure, feelings, self-esteem and problem solving. There are also various activities such as movie nights, discussions, cooking, crafts, spa nights, and field trips. This group runs for 15 weeks beginning February 4, 2010 to May 20, 2010.

Home Alone 101

Fridays 6-7 p.m. **Ages 9-12**

This program will help children build confidence and the ability to take on the responsibility of being home alone. Topics to be discussed are fire prevention, emergencies, problem-solving, trustworthiness, internet safety also some fun and easy snacks that can be prepared without using an oven. This group runs for 15 weeks beginning February 5, 2010 to May 21, 2010.

