

HOME ALONE
Mondays or Fridays
6-7 p.m.

Ages 9-12*

***Must register for this programs**

This program will help children build confidence and be responsible when alone at home. Topics discussed include:

- Fire prevention,
- What to do when an emergency occurs
- Personal safety,
- problem-solving
- trustworthiness, internet safety, etc.

Also, the group will learn to prepare fun and easy snacks, without using the stove or oven.



SUPER SKILLS
Tuesdays 6-7 p.m.
Ages 7-10

The group focus is to help varying ages learn appropriate social skills and positive coping mechanisms.

Topics discussed include,

- Friendship, Empathy
- Bullying
- Anger management
- Problem solving skills
- Self- Esteem

Participants will have fun while learning valuable life skills through activities and build positive relationships with their peers.



SOCIAL PROGRAMS 2012

WINTER/SPRING SESSION

JANUARY 30, 2011 - MAY 7, 2012

BABYSITTING COURSE (Ages 11+)

JANUARY 20th 9am- 5pm

This course is designed for youth 11 years and up who want to become a babysitter or may already be one. The Babysitting Course topics include:

- Responsibilities of a babysitter
- Safety tips for children of all ages
- Basic child care skills
- How to handle emergencies and First Aid



*** Fee \$40 per person please call for more details and to register.**

GIRL TALK

Wednesdays 5-6 p.m.

Ages 9-12

This group provides a safe place to talk about concerns or issues in an accepting and receptive atmosphere. Topics include:

- Friendships, peer pressure
- Feelings, self-esteem
- Problem solving.

There are also various activities such as movie nights, discussions, cooking, crafts, spa nights.



BOYS ONLY

Wednesdays 7-8 p.m.

Ages 9-12

This group provides a comfortable atmosphere to voice concerns or issues.

A variety of different topics such as:

- Bullying and the effects on others
- Peer Pressure, Hygiene, and individuality.

Educating and engaging the boys through fun activities, such as movie nights, fun with food and group gatherings.



RETHINK

Thursdays 6-7 p.m.

Ages 9-12

This group focuses on socializing and meeting other kids to learn how to deal with situations in a better way. There will be several activities delivered with focusing on *anger management*, and as well as a variety of other topics such as,

- Peer-pressure,
- Bullying
- Effective communication to help deal with life stressors,
- Children will learn various social skills etc.

***Children and youth (All ages) returning from suspensions (Club or Bus) are required to attend personal sessions with the Social Programs Coordinator. Topics include, appropriate problem solving techniques, bullying, disrespectful behavior, build self esteem, effective communication, etc.**

